



THE EXTRAORDINARY
ITALIAN TASTE

14th - 18th
November 2023

*Celebrating the 8th Week of
Italian Cuisine in the World*



Sera

BY

ETTORE BOTRINI



MENU ONE FOR TWO

Salame Finocchiona

Fennel salami / Tomato bruschetta
*(8)

Carpaccio di Polpo

Octopus carpaccio / Fennel / Citrus
*(1, 2, 4, 5, 8, 9)

Burrata

Tomatoes / Basil / Olive oil
*(4)

Ravioli

Spinach / Butter / Sage
*(4, 8, 9)

Risotto ai Funghi

Mushrooms / Nutmeg / Coffee
*(1, 4)

Costoletta di vitello alla Milanese

Veal Milanese
*(4, 8, 9)

Patate Arrosto Aromatizzate Al Rosmarino / Broccolo

Roast potatoes flavoured with rosemary *(4) /
Broccoli with anchovy butter *(3, 4)

Tiramisu

Our own version of this classic dessert
*(4, 8, 9, 12)

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MENU TWO

FOR TWO

Burrata
Tomatoes / Basil / Olive oil
*(4)

Vitello Tonnato
Ettore's version
*(1, 3, 4, 8)

Tuna Carpaccio
Blue Fin Tuna / Caponata Condiment / Crunchy
Vegetables / Anchovies / Lemon Olive oil
*(1, 3, 5, 7, 8, 9)

Tortelloni
Braised Veal Cheeks / Nutmeg flavored Cream
*(1, 4, 8, 9)

Scampi Risotto
Dark side of the moon / Langoustine
*(1, 3, 4)

Costoletta di vitello alla Milanese
Veal Milanese
*(4, 8, 9)

Filetto di manzo
Sliced prime Beef Fillet
*(4, 5)

Patate Arrosto Aromatizzate Al Rosmarino
Roast Potatoes flavoured with Rosemary
*(4)

Broccolo
Broccoli with Anchovy Butter
*(3, 4)

Tiramisu
Our own version of this classic Dessert
*(4, 8, 9, 12)

Lemon Tart
Blueberries / Yogurt Gelato
*(4, 8, 9, 12)

*ALLERGENS

1 - CELERY

This includes celery stalks, leaves, seeds and root called celeries. You can find celery in celery salt, salads, some meat products, soups and stock cubes.

2 - CRUSTACEANS

Crab, lobster, prawns and scampi are crustaceans, shrimp paste often used in Thai and south-east Asian curries or salads. Is an ingredient to look out for.

3 - FISH

You will find this in some fish sauces, pizzas, relishes, salad dressings, stock.

4 - MILK

Milk is a common ingredient in butter, cheese, cream, milk powders and yoghurt. It can also be found in foods brushed or glazed with milk, in powdered soups and sauces. It's often split into casein in curds and BLG in whey.

5 - MUSTARD

Liquid mustard, mustard powder and mustard seeds fall into this category.

This ingredient can also be found in breads, curries, marinades, meat products, salad dressings, sauces and soups.

6 - PEANUTS

Peanuts are actually a legume and grow underground, which is why sometimes it's called groundnut. Peanuts are often used as an ingredient in biscuits, cakes, curries, desserts, sauces (such as satay sauce), as well as in groundnut oil and peanut flour.

7 - SOYA

Often found in bean curd, edamame beans, miso paste, texture soya protein, soya flour or tofu, soya is a staple ingredient in oriental food. It can also be found in desserts, ice-cream, meat products, sauces and vegetarian products.

8 - WHEAT - GLUTEN

Wheat (such as spelt and Khorasen wheat/Kamut), rye barley and oats is often found in foods containing flour such as some types of baking powder, batter, bread crumbs, bread, cakes, couscous, meat products, pasta, pasty, sauces, soups and fried foods which are dusted with flour.

9 - EGGS

Eggs are often found in cakes, some meat products, mayonnaise, mousse, pasta, quiche, sauces and pastries or foods brushed or glazed with egg.

10 - LUPIN

Yes, lupin is a flower, but it's also found in flour! Lupin flour seeds can be used in some types of bread, pastries and even pasta.

11 - MOLLUSCS

These include mussels, land snail, squid and whelks but can also be commonly found in oyster sauce or as an ingredient in fish stews.

12 - TREE NUTS

Not to be mistaken with peanuts (which are actually a legume & grow underground), this ingredient refers to nuts which grow on trees, like cashew nuts, almonds and hazelnuts.

You can find nuts in breads, biscuits, crackers, desserts, nut powders (often used in Asian curries), stir-fried dishes, ice cream, marzipan, (almond paste), nut oils and sauces.

13 - SESAME

These seeds can often be found in bread (sprinkled on hamburger buns for example), breadsticks, houmous, sesame oil and tahini. They are sometimes toasted and used in salads.

14 - SULPHUR DIOXIDE

This is an ingredient often used in dried fruit such as raisins, dried apricots, and prunes. You might also find it in meat products, soft drinks, vegetables as well as in wine and beer. If you have asthma, you have a higher risk of developing a reaction to sulphur dioxide.

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